



### ***Our Mission Statement – the reason our College exists***

## ***“Learning & Growing in the Light of the Gospel”***

*With Christ at the centre of our learning, we:*

- *Help young people to achieve their greatest potential*
- *Guide their intellectual growth, nurture their God-given talents, and inspire them to live in service to others*
- *Aim to develop honest, confident, responsible and compassionate members of society, based on the educational values of Blessed Antonio Rosmini*

### ***Our Vision Statement – the long-term change resulting from our work***

## ***‘ Encouraging Big Ideas’***

*Ratcliffe’s unique educational offering based on our College motto, “Legis Plenitudo Charitas”, Love is the fulfilment of the Law, provides a perfect context within which young people may acquire the emotional knowledge and interpersonal skills necessary to live happy and purposeful lives. The College’s inclusive Catholic ethos is complemented by the outstanding quality of our College community through which our Mission, “Learning and Growing in the Light of the Gospel”, serves to nurture resilience and develop maturity. Young people leave Ratcliffe with a strong sense of who they are and their purpose in the world, equipped socially, emotionally, morally and spiritually to go forth and make a difference to the communities in which they live and work.*

## **Ratcliffe College Senior School (Years 7-13)**

### **Personal, Social, Health and Citizenship Education (PSHCE) Policy**

Author: T Spencer	Receiver: All senior staff
Review Date: Aug 2023	Next Review: September 2024

#### **Rationale**

At Ratcliffe College the PSHCE programme supports the school's Mission Statement in the following ways:

- PSHCE raises the self-esteem of students, valuing and building upon the ideas of the young people themselves. It accepts that we are all different, yet all are equally valued: it encourages young people to consider the consequences of their own actions.
- PSHCE ensures that the students will develop the skills, knowledge and attitudes which enable them to take control of their own lives and remember their responsibility to others.
- PSHCE is reflected not only through the taught curriculum but also through our expectations; code of behaviour; relationships between students, between staff and between staff and students; the physical environment (classrooms, common rooms, boarding areas and corridors are aesthetically pleasing and well cared for); and a wide range of extra-curricular experiences.
- PSCHCE is inclusive of SMSC (including FBV) and the new RSE programme as these subjects represent a huge opportunity to help our children and young people develop. The knowledge and attributes gained will support their own, and others', wellbeing and attainment and help young people to become successful and happy adults who make a meaningful contribution to society.
- The PSHCE programme consists of 26 sessions throughout the year across all age groups. The RSE element is included within the programme and the use of 1010 resources ensures that all government requirements are met.

#### **Whole School PSHCE Aims**

1. To help foster the Catholic ethos of the school.
2. To assist students in developing awareness of their responsibility to themselves, others and the school.
3. To foster a greater sense of security, co-operation and achievement at school.
4. To help students explore their own performance, feelings, attitudes and values; thereby fostering the development of a positive self-image amongst students.
5. To work towards the improvement of each student's academic performance throughout all areas of the curriculum.
6. To help students develop a greater sense of understanding and empathy towards other members of our school community.
7. To encourage students to examine and evaluate their attitude towards important social issues.
8. To prepare students for life after school in a time of increasingly accelerating social, moral and economic change.
9. To increase awareness of issues on the world-wide stage and promote a caring and sympathetic approach to the plight of others less fortunate than themselves.

## Implementation – Teaching and Learning

A range of teaching and learning styles are used. Emphasis is placed on active learning, including the students in discussions, investigations, debates, role-play and problem solving activities. Visiting external speakers are a regular feature of the PSHCE programme and each Year group has the opportunity to hear a visiting speaker at least twice a term.

## Planning and Organisation

The common topics are:

- 1 Health and well-being
- 2 Economic well-being & Higher Education
- 3 Living in the Wider World
- 4 Relationships – including RSE (Relationship & Sex Education)

These will be taught in blocks to ensure continuity of learning and the number of lessons in each block may vary according to the topic content to be delivered.

A varying degree of emphasis is placed upon each of these themes in relation to the particular age, development and need of the student. Specific objectives for each year group are contained in the appendix.

PSHCE lessons are timetabled fortnightly on a rolling programme for 16 sessions, the additional 10 sessions are held as double periods, the content of which is written as 'Programmes of Study'. The dates for PSHCE lessons in 2023-24 are as follows:

DATE	PERIOD	SESSION
Mon 4 Sept	Period 2	1
Mon 4 Sept	Period 3	2
Mon 11 Sept	Period 2	3
Mon 25 Sept	Period 3	4
Mon 9 Oct	Period 4 (Black History Month)	5
Mon 6 Nov	Period 5 (Internal Anti-bullying Wk) 13-17 <sup>th</sup> Nov	6
Tues 21 Nov	Period 2	7
Tues 5 Dec	Period 3 (National Grief Awareness week 2-8 Dec & Human Rights Day 10 <sup>th</sup> Dec)	8
Fri 15 Dec	Period 5 (International Migrants Day 18 <sup>th</sup> Dec)	9
Fri 15 Dec	Period 6	10
Tues 9 Jan	Period 4	11
Wed 24 Jan	Period 2 (Internal Children's Mental Health Wk 5-11 <sup>th</sup> Feb & National Apprenticeship week)	12
Wed 7 Feb	Period 3 (Internal e-safety Wk) Internet Safer Day 7 <sup>th</sup> Feb	13
Wed 28 Feb	Period 4 (National Careers Wk- 4 <sup>th</sup> – 9 <sup>th</sup> March)	14
Thur 14 March	Period 2 (world sleep day 15 <sup>th</sup> March)	15
Thur 18 April	Period 3 (stress awareness month)	16
Thur 2 May	Period 4	17
Fri 17 May	Period 2 (Mental Health Week 13 – 20 <sup>th</sup> )	18
Fri 7 June	Period 3 (Pride Month)	19

Fri 21 June	Period 4	20
Fri 28 June	Period 5	21
Fri 28 June	Period 6	22
Mon 1 July	Period ??? (I NEED CONFIRMATION OF TIMES)	23
Mon 1 July	Period ??? (I NEED CONFIRMATION OF TIMES)	24
Wed 3 July	Period ??? (I NEED CONFIRMATION OF TIMES)	25
Wed 3 July	Period ??? (I NEED CONFIRMATION OF TIMES)	26

The programmes of study delivered in the PSHCE lessons are also enhanced and enriched by the following important experiences, which are a feature of any student's life at Ratcliffe College:

- Opportunities for prayer and worship, both collective and personal
- Through assemblies – School, House and Year group
- Involvement of students in assemblies/Year meetings
- Awareness of the needs of others through works of Christian charity (at home & abroad)
- Positions of responsibility – e.g. Monitors, Prefects, Head Boy and Head Girl, House Captains and Sports Captains
- Representatives at School Council, Boarding Council and Year group committees
- School residential experiences, activities days/weeks, retreats, Duke of Edinburgh Award Scheme, foreign exchange visits, community links and the Young Enterprise Scheme
- Extra-curricular activities programme
- Involvement in school productions and events
- Boarding night prayers – boarders only
- Maintenance of the student planner
- Recognition of achievement through the merit and commendation system
- Involvement in the school's House System
- Interaction with guests and visitors to the school
- Participation in school Open Mornings, acting as guides and working within departments
- Opportunities for Careers interviews and Work Experience
- Through promoting positive relationships with each other and with members of staff
- Through the school's expectations and code of behaviour
- Ensuring that the physical environment (classrooms, common rooms, boarding areas and corridors) is aesthetically pleasing and well cared for
- The tutor programme, affording the students additional discussion time on topics.
- The well-being focus organised by the Well-being co-ordinator.

### **Role of Form Tutor**

The key person in the delivery of PSHCE is the Form Tutor. To do this he/she will:

- Liaise with the Head of Year and the Head of PSHCE with regard to content of the PSHCE programme.
- Ensure he/she has the resources available for tutees prior to each session.
- Ensure tutor time is used constructively and efficiently in furthering the PSHCE development of his/her tutees.

### **Role of Head of Year**

- Liaise with the Head of PSHCE with regard to the content of the PSHCE programme.

- Liaise with the Head of PSHCE about the arrangements for visiting speakers.
- Observe sessions on a termly basis and forward feedback to the Head of PSHCE.
- Ensure that resources are available for Form Tutors.
- Include a review of the PSHCE programme as an agenda item for the meeting with Form Tutors at least once each term and feedback during pastoral meetings.

## **Role of the Head of PSHCE**

The PSHCE programme is co-ordinated by Miss Tiffany Spencer. To do this she will:

- Liaise with students, Form Tutors, Heads of Year and Senior Management Team.
- Be responsible for the progression and co-ordination of the subject.
- Support Form Tutors and Heads of Year in planning PSHCE activities.
- Maintain and purchase appropriate PSHCE resources.
- Attend PSHCE courses.
- Lead and assist in school based Inset.
- Monitor & improve the PSHCE programme.
- Liaise with the Preparatory School, Nursery and Sixth Form.
- Arrange a PSHCE visiting speaker for each Year group at least twice a term.
- Arrange venues and resources for PSHCE visiting speakers.
- Hold a new staff induction each academic year for new staff to introduce them to how the PSHCE programme works and what the requirements of the tutor are.

## **Monitoring**

Programmes of Study and tutor time will be monitored by Miss Tiffany Spencer through:

- Requesting feedback off the Head of Years and SLT after their observation of tutors delivering the PSHCE programme.
- Observation of PSHCE lessons, along with Mr Rainer and the lay Chaplin.
- Looking at students' recorded work if relevant.
- Observation of visiting speakers.

## **Review**

Programmes of Study will be reviewed by:

- Miss Tiffany Spencer, together with the pastoral deputy head.
- Heads of Year together with Form Tutors.
- Form Tutors together with tutees (tutees will be asked to complete evaluation questionnaires throughout the year).
- Questionnaires will also be forwarded to parents/students & staff each year to fully review the whole programme.
- A working party will take place termly, made up of students, to ensure that the students have additional platform to input thoughts and ideas.

Appropriate amendments can then be made. The policy will be reviewed and changed as the requirements of the National Curriculum change and as we develop new ideas from courses attended.

**Links to Other Policies**

- Curriculum Policy
- Pastoral Care Policy
- Boarding Policy
- Rewards and Sanctions Policy
- Careers Education Guidelines
- Anti-Bullying Policy
- Peer on Peer Abuse Policy
- Equal Opportunities Policy
- Education in Sexuality Policy

Policy last Reviewed by the Head of PSHCE – August 2023

## **Appendix 1 – Personal, Social, Health and Citizenship Education Policy**

### **PSHCE Objectives**

#### **Year 7**

1. To promote a sense of well being, belonging and security for students beginning a new school.
2. To understand the school rules and systems to enable students to integrate and interact with the organisation of the school.
3. To develop effective relationships with their peers, so that they feel trust, concern and support for one another.
4. To develop self-esteem and confidence so that they can become effective independent learners and allow their personal growth.
5. To be aware of others who are less fortunate than themselves and to respect cultural differences.
6. To review their strengths and weaknesses in relation to their work and to set realistic targets.
7. To understand how to keep healthy, and be aware of influences on health.
8. To inform students of the basic facts and the importance of laws, including school rules and the role of the local government.
9. To be aware of their role in society with regards to voting, the electoral system, freedom of speech and opportunities for them to bring about change within the local and global community.

#### **Years 8 & 9**

1. To continue to develop self-esteem by allowing students the opportunity to reflect on personal qualities they possess and to gain a greater understanding of the qualities important to them.
2. To develop skills such as discussion, listening, co-operation required for group activities.
3. To develop an awareness of physical and emotional changes and how to manage these.
4. To respect the differences between people as they develop a sense of identity.
5. To continue to review their strengths and weaknesses in relation to their work and to set realistic targets.
6. To reflect on their contribution to the school community.
7. To demonstrate personally effective ways of resisting pressure which threatens their own safety and the safety of others.
8. To understand that personal actions have consequences and that within relationships there must be negotiation and compromises.
9. To inform students of the basic facts about alcohol and illegal substances and the risks associated with misuse of prescribed drugs and gambling
10. To prepare and plan for realistic choices for KS4, and use a variety of resources in order to research future career aspirations.

11. To develop an awareness crime and punishment and an understanding of the role of the Police, the importance of rights and democracy within the UK and the European community.
12. To be aware of their role in society with regards to voting, the electoral system, freedom of speech and opportunities for them to bring about change within the local and global community.

## **Years 10 & 11**

1. To continue to develop self esteem by providing opportunities to assess their personal qualities, skills, achievements and potential to set personal goals.
2. To have a sense of their own identity and present themselves confidently in a range of situations and have an understanding of the responsibility of being senior students.
3. To make informed decisions about personal health and to be able to resist unhelpful peer group pressure, particularly in relation to eating patterns, self-image and social networking
4. To know how and where to seek professional advice on matters relating to health.
5. To develop effective and fulfilling relationships, learning to respect the differences between people and be able to manage changing relationships using strategies to resolve conflict peacefully.
6. To be aware of their responsibilities towards others who are less fortunate.
7. To recognise and manage influences and pressure, for example by learning strategies for coping with stress caused by exams. To reinforce study skills, particularly revision techniques and coursework completion.
8. To understand all the options post-16, including continuing education and training as well as employment, and their financial implications.
9. To continue to follow a careers programme to help plan appropriate routes, and develop career management skills, and the knowledge of how to access the appropriate information.
10. To discuss the value of family life and the need for good parenting,
11. To be aware of their role in society with regards to voting, the electoral system, freedom of speech and opportunities for them to bring about change within the local and global community.



## **Years 12 & 13**

1. To help students explore and evaluate their own performance, feelings, attitudes and values; thereby fostering the development of a positive self-image amongst the students.
2. To help students develop a greater sense of understanding, empathy and respect towards other people.
3. To provide students with opportunities to explore, develop and evaluate their attitudes towards important social issues.
4. To provide students with strategies for improving their performance throughout all areas of the curriculum
5. To enable students to develop skills of communication, teamwork and leadership.
6. To equip students with knowledge and understanding in preparation for life after school (financial awareness, applications for Higher Education and employment, etc.)
7. To make students aware of the dangers of drugs (including alcohol and nicotine) and to encourage students against their misuse.
8. To make students aware of external threats to their well-being (to include road safety, *bullying, and intimidation* by strangers and the continued influence of social media) and to provide strategies for minimising these threats.

# Year 7 PSHCE Programme 2023-24

Unit title		Content
<b>Health &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC	Monday 4 Sept Period 2 Monday 4 Sept Period 3 Monday 11 Sept Period 2 Monday 25 Sept Period 3 Monday 9 Oct Period 4	1. RSE – Well-Being (A positive start to the year) – <b>Internal Speaker</b> 2. RSE – Well-Being (A positive start tot the year) – Tutor follow up session 3. RSE – Who Am I – 1010 Resources – Tutor led session 4. RSE - My Body - Changing bodies & Puberty - <b>External speakers</b> BTC* 5. FBV/SMSC – Black History Month – Tutor led session
<b>Relationships -</b> Informed & positive choices RSE & SMSC	Tuesday 6 Nov Period 5 Tuesday 21 Nov Period 2 Tuesday 5 Dec Period 3 Friday 15 Dec Period 2 Friday 15 Dec Period 3 Tuesday 9 Jan Period 4 Wednesday 24 Jan Period 2  Wednesday 7 Feb Period 3	6. RSE - Internal Anti-Bullying Week – Internal competition - Tutor Led Session 7. FBV - Acceptance of Faiths - <b>External speakers</b> - St Philips Centre* 8. RSE – Family & Friends - 1010 Resources – Tutor Led Session 9. RSE/FBV – Workshop on FBV – <b>External speakers</b> - St Phillips Centre 10. RSE/FBV – Fundamental British Values - Tutor follow up session 11. RSE – Resilience – Inspiring Life Talk – <b>External speaker</b> - George Bates 12. RSE - Children’s Mental Health Wk – Mischievous Minds <b>External Speaker</b> – Mr Chapman (Magician) 13. RSE - Internal E-safety Week – 1010 Resources - My Life on Screen - Tutor Led
<b>Economic Wellbeing</b> Careers & Choice	Wednesday 28 Feb Period 4 Thursday 14 March Period 2 Thursday 18 April Period 3 Thursday 2 May Period 4 Friday 17 May Period 2	14. <b>National Careers Week</b> - Step into the NHS Competition 1. 15. <b>Careers Session</b> - Step into the NHS Competition 2. 16. <b>Careers Session</b> - Step into the NHS Competition 3. 17. <b>Careers Session</b> - Step into the NHS Competition 4. 18. <b>Careers Session</b> – Unifrog Introduction.
<b>Living in the Wider World -</b> Diversity – FBV & SMSC	Friday 7 June Period 3 Friday 21 June Period 4 Friday 28 June Period 5 Friday 28 June Period 6 Monday 1 July Period 2 Monday 1 July Period 3 Wednesday 3 July Period 2 Wednesday 3 July Period 3	19. RSE - Drugs & Alcohol awareness - <b>External Speakers</b> – BTC. 20. SMSC - National Government – Tutor Led Session 21. FBV - Healthy Eating - <b>External speaker</b> – BTC 22. FBV/RSE – 1010 Resources Healthy inside & Out – Tutor follow up session. 23. <b>Careers Session - External speaker</b> - TBC 24. <b>Careers Session (follow up)</b> 25. SMSC/RSE - RSPCA – Animal Responsibility - <b>External speakers</b> 26. RSE - Living responsibly - 1010 session – Tutor follow up session

# Year 8 PSHCE Programme 2023-24

Unit title		Content
<b>Health &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC	Monday 4 Sept Period 2	1. RSE – Well-Being (A Positive start to the year) – <b>Internal Speaker</b>
	Monday 4 Sept Period 3	2. RSE – Well-Being (A Positive start to the year) – Tutor follow up session
	Monday 11 Sept Period 2	3. RSE – My Body – 1010 Resources – tutor led session
	Monday 25 Sept Period 3	4. RSE – Emotional Well-Being – Feelings – 1010 Resources – Tutor led session
	Monday 9 Oct Period 4	5. RSE – Before I was Born – 1010 Resources - Tutor led session
	Tuesday 6 Nov Period 5	6. RSE - Internal Anti-Bullying Week – <b>External speakers</b> - BTC
<b>Economic Wellbeing</b> Careers & Choice	Tuesday 21 Nov Period 2	7. <b>Careers Session.</b>
	Tuesday 5 Dec Period 3	8. <b>Careers Session.</b>
	Friday 15 Dec Period 2	9. <b>Careers Session.</b>
	Friday 15 Dec Period 3	10. <b>Careers Session.</b>
	Tuesday 9 Jan Period 4	11. <b>Careers Session</b>
<b>Relationships -</b> Informed & positive choices RSE & SMSC	Wednesday 24 Jan Period 2	12. RSE - Children's Mental Health Wk – Mischievous Minds <b>External Speaker</b> – Mr Chapman (Magician)
	Wednesday 7 Feb Period 3	13. RSE - Internal E-Safety Week - Think Before you Share - <b>External Speakers</b> – Warzone*
<b>Living in the Wider World - Diversity –</b> FBV & SMSC	Wednesday 28 Feb Period 4	14. <b>National Careers Week - External Speakers - TBC</b>
	Thursday 14 March Period 2	15. FBV - Role of MP's - Tutor Led Session.
	Thursday 18 April Period 3	16. FBV - Votes for Women - <b>External speakers</b> – BTC.
	Thursday 2 May Period 4	17. RSE – Personal Relationships - Tough Relationships – <b>External Speakers</b> – BTC.
	Friday 17 May Period 2	18. RSE – Tough Relationships – 1010 Resources – Tutor follow up session
	Friday 7 June Period 3	19. FBV - Faith and Food - <b>External Speakers</b> - St Phillips Centre
	Friday 21 June Period 4	20. RSE - Drugs & Alcohol Awareness - <b>External Speakers</b> – BTC.
	Friday 28 June Period 5	21. RSE – Discrimination – <b>External Speakers</b> -BTC
	Friday 28 June Period 6	22. RSE – The Wider World – Discrimination – 1010 Resources – Tutor follow up session
	Monday 1 July Period 2	23. RSE – ‘The Facts of Life’ – 1010 Cinema in education session – Tutor Led (1of2)
	Monday 1 July Period 3	24. RSE – ‘The Facts of Life’ – 1010 Cinema in education session – Tutor Led (2of2)
	Wednesday 3 July Period 2	25. RSE – Self Reflection & Mindfulness – practical experience - Briars
	Wednesday 3 July Period 3	26. RSE – Self Reflection & Mindfulness – practical experience - Briars

# Year 9 PSHCE Programme 2023-24

Unit title		Content
<b>Economic Wellbeing</b> Career Development & Choice	Monday 4 <sup>th</sup> Sept Periods 2 Monday 4 <sup>th</sup> Sept Periods 3 Monday 11 Sept period 2 Monday 25 Sept period 3 Monday 9 Oct period 4	1. RSE - Well-Being (A positive start to the year) – <b>Internal Speaker</b> 2. RSE -Well-Being (A positive start tot the year) – Tutor follow up session 3. <b>Careers Session</b> 4. <b>Careers Session</b> 5. <b>Careers Session</b>
	<b>Living in the Wider World -</b> Diversity – FBV & SMSC	Tuesday 6 Nov period 5 Tuesday 21 Nov period 2 Tuesday 5 Dec period 3 Friday 15 Dec period 2 Friday 15 Dec period 3
<b>Relationships -</b> Informed & positive choices RSE & SMSC	Tuesday 9 Jan period 4 Wednesday 24 Jan period 2 Wednesday 7 Feb period 3 Wednesday 28 Feb period 4	11. FBV - Democracy – 1010 Resources – tutor led session 12. RSE - Children’s Mental Health Wk – Be yourself - <b>External Speakers</b> – Lisa Billingham 13. RSE - Internal E-Safety Week - <b>External Speaker</b> - Mr Patrick Flynn* 14. <b>National Careers Week - External Speaker.</b>
<b>Health &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC	Thursday 14 March period 2 Thursday 18 April period 3 Thursday 2 May period 4 Friday 17 May period 2 Friday 7 June period 3 Friday 21 June period 4 Friday 28 June period 5 Friday 28 June period 6 Monday 1 July period 2 Monday 1 July period3	15. RSE – In control of my choices – 1010 Resources – Tutor led session 16. RSE – My Body – 1010 Resources – Tutor led session 17. RSE – Consent 1010 Resources – Tutor led session ( <b>Exams – 3<sup>rd</sup> May – check session.</b> ) 18. SMSC – The Importance of Sleep – <b>External speaker</b> – BTC 19. SMSC – All about money – <b>External Speaker</b> – Dom Higham 20. SMSC – All about money – Unifrog Tutor follow up session 21. RSE – Relationships – Marriage – 1010 Resources – Tutor led session 22. RSE – Relationships – <b>External Speaker</b> – BTC. 23. RSE – Personal Development-(with yr 10) – <b>External Speaker</b> -The Rubber Ball Foundation 24. RSE – 1010 cinema in education session – (love, honour, cherish) Tutor Follow up session
<b>Economic Wellbeing</b> Career Development & Choice	Wednesday 3 July period 2 Wednesday 3 July period 3	25. <b>Careers Session – practical.</b> 26. <b>Careers Session</b>

# Year 10 PSHCE Programme 2023-24

Unit title		Content
<b>Health &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC	Monday 4 Sept Period 2 Monday 4 Sept Period 3 Monday 11 Sept Period 2 Monday 25 Sept Period 3 Monday 9 Oct Period 4	<ol style="list-style-type: none"> <li>1. RSE - Well-Being (A positive start to the year) – <b>Internal Speaker</b></li> <li>2. RSE - Well-Being (A positive start tot the year) – Tutor follow up session</li> <li>3. RSE - Belief's, Values &amp; Attitudes – 1010 Resources - Tutor Led Session.</li> <li>4. RSE - My Body - Self-image - 1010 Resources – Tutor led session</li> <li>5. RSE – My Physical Health – The importance of sleep – <b>External speakers</b> – BTC*</li> </ol>
<b>Relationships -</b> Informed & positive choices RSE & SMSC	Tuesday 6 Nov Period 5 Tuesday 21 Nov Period 2 Tuesday 5 Dec Period 3 Friday 15 Dec Period 2 Friday 15 Dec Period 3 Tuesday 9 Jan Period 4 Wednesday 24 Jan Period 2 Wednesday 7 Feb Period 3	<ol style="list-style-type: none"> <li>6. RSE - Internal Anti-Bullying Week - <b>External speakers</b> – Mr C Easmon – History of Prejudice</li> <li>7. RSE – 1010 Resources - Parenthood - Tutor Led Session.</li> <li>8. RSE – Mental Health &amp; Peer Pressure - <b>External Speakers</b> - Prime Agency Live Performance.</li> <li>9. <b>Careers Higher Ed</b></li> <li>10. <b>Careers Higher Ed</b></li> <li>11. SMSC - Gang &amp; Knife Crime - The facts - <b>External Speakers</b> – BTC.</li> <li>12. RSE - Children's Mental Health Week - <b>External Speakers</b> – Attention Seekers.</li> <li>13. RSE - Internal e-safety Week – <b>External Speakers</b> – Alan McKenzie – school speakers*</li> </ol>
<b>Economic Wellbeing</b> Careers & Choice & SMSC	Wednesday 28 Feb Period 4 Thursday 14 March Period 2 Thursday 18 April Period 3 Thursday 2 May Period 4 Friday 17 May Period 2 Friday 7 June Period 3 Friday 21 June Period 4 Friday 28 June Period 5 Friday 28 June Period 6	<ol style="list-style-type: none"> <li>14. <b>National Careers Week</b></li> <li>15. <b>Careers Session</b> – Introduction to Enterprise Project.</li> <li>16. <b>Careers Session</b> - Enterprise 2 – Brainstorming Ideas.</li> <li>17. <b>Careers Session</b> - Enterprise 3 – Preparing Pitches.</li> <li>18. <b>Careers Session</b> - Enterprise 4 - Dragon's Den.</li> <li>19. <b>Careers Session</b> – Enterprise 5 – Creating Products &amp; Marketing Materials.</li> <li>20. <b>Careers Session</b> – Enterprise Event.</li> <li>21. Study Sensi - Preparation for Year 11 Exam Technique Sessions - <b>External speakers</b> – Elevate</li> <li>22. Study Sensi – Tutor led follow up session</li> </ol>
<b>Health &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC	Monday 1 July Period 2 Monday 1 July Period 3 Wednesday 3 July Period 2 Wednesday 3 July Period 3	<ol style="list-style-type: none"> <li>23. RSE – Personal Development-(with yr 9)–The Rubber Ball Foundation - <b>External Speaker</b></li> <li>24. RSE – 1010 Resources – The Wider World - Tutor Follow up session</li> <li>25. RSE – 1010 cinema in ed– (Babies 1 of 2) only half year group/maybe include activities wk</li> <li>26. RSE – 1010 cinema in ed – (Babies 2 of 2) as above</li> </ol>

# Year 11 PSHCE Programme 2023-24

Unit title		Content
<b>Economic Wellbeing</b> Careers & Choice & SMSC	Monday 4 Sept Periods 2 Monday 4 Sept Periods 3	1. <b>Careers Session</b> - Morrisby Assessments. 2. <b>Careers Session</b> – Morrisby Assessments.
<b>Health &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC	Monday 11 Sept Period 2 Monday 25 Sept Period 3 Monday 9 Oct Period 4	3. RSE – Self Worth – <b>External Speakers</b> - BTC 4. Time Management 1 of 3 – <b>External Speakers</b> – Elevate. 5. RSE – 1010 Resources – My Body, Addiction – Tutor led session
<b>Relationships -</b> Informed & positive choices RSE & SMSC	Tuesday 6 Nov Period 5	6. RSE - Internal Anti-Bullying Week – During Tutor Time – Preparation for Mocks
<b>Economic Wellbeing</b> Careers & Choice & SMSC	Tuesday 21 Nov Period 2 Tuesday 5 Dec Period 3 Friday 15 Dec Period 2 Friday 15 Dec Period 3	7. <b>Careers Session</b> - Introduction to CV's. 8. <b>Careers Session</b> - CV Writing. 9. <b>Careers Session</b> – Interview Preparation Speaker. 10. <b>Careers Session</b> - Interview Preparation
<b>Relationships -</b> Informed & positive choices RSE & SMSC	Tuesday 9 Jan Period 4 Wednesday 24 Jan Period 2  Wednesday 7 Feb Period 3	11. Student Elevation 2 of 3 - Elevate (Coping with Exam Stress) 12. RSE - Children's Mental Health Wk - Gender Roles - <b>External Speaker</b> - Chris Hemmings - (Toxic Masculinity). 13. RSE - Internal e-safety Week – <b>External Speakers</b> – Alan McKenzie – School speakers*
<b>Living in the Wider World</b> - Diversity – FBV & SMSC	Wednesday 28 Feb Period 4 Thursday 14 March Period 2  Thursday 18 April Period 3	14. <b>National Careers Week</b> 15. RSE -Consent & Sexualized Behaviour – <b>External Speakers</b> - Isla Tricht – Mclellan Practice*. 16. Ace your exams 3 of 3 - <b>External speakers</b> - Elevate
<b>Health &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC	Thursday 2 May Period 4 Friday 17 May Period 2	17. Preparation & Revision for Examinations. 18. Year 11 Study Leave onward

# **Year 12 PSHCE Programme 2023-24**

Unit title		Content
<b>Health &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC	Monday 4 Sept Period 2 Monday 4 Sept Period 3  Monday 11 Sept Period 2 Monday 25 Sept Period 3 Monday 9 Oct Period 4	1. RSE – Well-Being (A positive start to the year) – <b>Internal Speaker</b> 2. RSE – Well-Being (A positive start tot the year) – Tutor follow up session <i>OR Sixth Form Culture and Expectations. (SFC followed by Tutor Bases.)</i> 3. <b>Careers Session</b> - Year 12 Advice & Initial Considerations. 4. SMSC/RSE – Drug Awareness – <b>External speaker</b> – Iain Mahony. 5. FBV – Criminal Law Talk - <b>External speakers</b> – Mr R Robinson
<b>Health &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC	Tuesday 6 Nov Period 5 Tuesday 21 Nov Period 2 Tuesday 5 Dec Period 3	6. RSE - Internal AB Wk – <b>External Speaker</b> – Jim Holmes – humanitarian issues 7. RSE – Alcohol Awareness - <b>External Speaker</b> - Sally & Henry Maybury – A Personal Loss 8. RSE – Failure, recovery & success - <b>External speakers</b> – Ricky Nuttall.
<b>Relationships -</b> Informed & positive choices RSE & SMSC	Friday 15 Dec Period 2 Friday 15 Dec Period 3 Tuesday 9 Jan Period 4 Wednesday 24 Jan Period 2 Wednesday 7 Feb Period 3	9. <b>Careers Session – Q &amp; A old students</b> 10. <b>Careers Session - Sixth Form Wellbeing Social with Alumni students</b> 11. <b>Careers Session</b> – Ben Harrison, Higher Education Initial Plans. 12. RSE - Mental Health Week – <b>External speaker</b> – TBC 13. RSE - Internal e-safety Week – <b>External speaker</b> - Darren Swift
<b>Economic Wellbeing</b> Career Development & Choice  <b>Living in the Wider World -</b> Diversity – FBV & SMSC	Wednesday 28 Feb Period 4 Thursday 14 March Period 2 Thursday 18 April Period 3 Thursday 2 May Period 4 Friday 17 May Period 2 Friday 7 June Period 3 Friday 21 June Period 4 Friday 28 June Period 5 Friday 28 June Period 6 Monday 1 July Period 2 Monday 1 July Period 3 Wednesday 3 July Period 2 Wednesday 3 July Period 3	14. <b>National Careers Week</b> - Employability/Work Experience. 15. Gender Identity – <b>External speakers</b> – BTC. With year 13 16. <b>Careers Session</b> - Choosing Courses & Unis. 17. <b>Careers Session</b> - Unifrog Shortlists/Course Research. 18. <b>Careers Session</b> - Registering UCAS. 19. <b>Careers Session</b> – Personal Statements – External Guidance. 20. Revision for Mocks. 21. <b>Careers Session – Personal Statement Workshop.</b> 22. <b>Careers Session – Personal Statement Workshop.</b> 23. SMSC - Volunteering, Charity, and Service – Tutor led session including practical elements 24. SMSC - Volunteering, Charity, and Service – Tutor led session including practical elements 25. SMSC - Volunteering, Charity, and Service – Tutor led session including practical elements 26. SMSC - Volunteering, Charity, and Service – Tutor led session including practical elements



# Year 13 PSHCE Programme 2023-24

Unit title		Content
<b>Economic Wellbeing</b> Career Development & Choice  <b>Living in the Wider World</b> - Diversity – FBV & SMSC	Monday 4 Sept Periods 2 Monday 4 Sept Periods 3  Monday 11 Sept Period 2 Monday 25 Sept Period 3	1. RSE – Well-Being (A positive start to the year) – <b>Internal Speaker</b> 2. RSE – Well-Being (A positive start tot the year) – Tutor follow up session <i>Sixth Form Culture and Expectations. (Tutor Bases followed by SFC.)</i> 3. <b>Careers Session</b> - Personal Statement Writing Workshop. 4. <b>Careers Session</b> – Optional Session: Interview Skills OR Apprenticeships OR Personal Statement Writing Workshop.
<b>Health &amp; Well-being</b> responsibility & Lifestyle – RSE & SMSC  <b>Living in the Wider World</b> - Diversity – FBV & SMSC	Monday 9 Oct Period 4 Tuesday 6 Nov Period 5 Tuesday 21 Nov Period 2 Tuesday 5 Dec Period 3  Friday 15 Dec Period 2 Friday 15 Dec Period 3 Tuesday 9 Jan Period 4	5. FBV – Criminal Law Talk - <b>External speakers</b> – Mr R Robinson 6. RSE - Internal AB wk – <b>External Speaker</b> –Jim Holmes - Humanitarian Issues 7. RSE – Alcohol Awareness - <b>External Speaker</b> - Sally Maybury – A Personal Loss. 8. Failure, recovery & success - <b>External speakers</b> – Ricky Nuttall  9. <b>Careers Session</b> – <i>Q &amp; A old students</i> 10. <b>Careers Session</b> <i>Sixth Form Wellbeing Social with Alumni students</i> 11. <b>Careers Session</b> - Making UCAS Decisions Once you have Replies - Speaker.
<b>Relationships -</b> Informed & positive choices RSE & SMSC	Wednesday 24 Jan Period 2 Wednesday 7 Feb Period 3 Wednesday 28 Feb Period 4 Thursday 14 March Period 2 Thursday 18 April Period 3	12. RSE - Children’s Mental Health Week - <b>External speakers</b> – TBC 13. RSE - Internal E-Safety Week – <b>External Speakers</b> – Darren Swift 14. <b>National Careers Week</b> – Student Finance. ( <i>Internal Assessments check session?</i> ) 15. RSE – Gender Identity – External speakers – BTC. 16. RSE – ‘The Common Room’ 1010 Production Resources
<b>Economic Wellbeing</b> Career Development & Choice	Thursday 2 May Period 4 Friday 17 May Period 2	17. <b>Careers Session</b> – Results Day Advice. 18. Year 13 Study Leave Hereon in









