

Year 11 PSHCE Programme 2023-24



Unit title		Content
Economic Wellbeing Careers & Choice & SMSC	Monday 4 Sept Periods 2 Monday 4 Sept Periods 3	1. Careers Session - Morrisby Assessments. 2. Careers Session – Morrisby Assessments.
Health & Well-being responsibility & Lifestyle – RSE & SMSC	Monday 11 Sept Period 2 Monday 25 Sept Period 3 Monday 9 Oct Period 4	3. RSE – Self Worth – Caring for yourself - External Speakers - BTC 4. Time Management 1 of 3 – External Speakers – Elevate. 5. RSE – 1010 Resources – My Body, Addiction – Tutor led session
Relationships - Informed & positive choices RSE & SMSC	Tuesday 6 Nov Period 5	6. RSE - Internal Anti-Bullying Week – During Tutor Time – Preparation for Mocks
Economic Wellbeing Careers & Choice & SMSC	Tuesday 21 Nov Period 2 Tuesday 5 Dec Period 3 Friday 15 Dec Period 2 Friday 15 Dec Period 3	7. Careers Session - Introduction to CV's. 8. Careers Session - CV Writing. 9. Careers Session – Interview Preparation Speaker. 10. Careers Session - Interview Preparation
Relationships - Informed & positive choices RSE & SMSC	Tuesday 9 Jan Period 4 Wednesday 24 Jan Period 2 Wednesday 7 Feb Period 3	11. Student Elevation 2 of 3 – External Speakers - Elevate (Coping with Exam Stress) 12. RSE - Children's Mental Health Wk - Gender Roles - External Speaker - Chris Hemmings - (Toxic Masculinity). 13. RSE - Internal e-safety Week – External Speakers – Alan McKenzie – School speakers*
Living in the Wider World - Diversity – FBV & SMSC	Wednesday 28 Feb Period 4 Thursday 14 March Period 2 Thursday 18 April Period 3	14. National Careers Week 15. RSE -Consent & Sexualized Behaviour – External Speakers - Isla Tricht – Mclellan Practice*. 16. Ace your exams 3 of 3 - External speakers - Elevate
Health & Well-being responsibility & Lifestyle – RSE & SMSC	Thursday 2 May Period 4 Friday 17 May Period 2	17. Preparation & Revision for Examinations. 18. Year 11 Study Leave onward